

**Guidance, Cooperative Education, and Special Education**

PROFESSIONAL DEVELOPMENT DAY

February 12, 2010

Carleton University, Residence Commons Building, Fenn Lounge

# *IT'S ALL ABOUT TIME...*

The event planned for the new decade!  
Special thanks to all our key-note speakers:

**Dr. Kent MacDonald and Dr. Devon Woods.**

In addition, we wish to thank the Presenters and the Undergraduate Recruitment Office at Carleton University for supporting and sponsoring our day.

A very special thanks to  
**Doug Huckvale**  
for coordinating all on-site arrangements.

## **OCDSB CONTACTS & LOGISTICS:**

**PD COMMITTEE**

**CHAIR**

Gibb McKay  
Hillcrest High School

**REGISTRATION**

Alexandra Bolotenko  
Glebe Collegiate Inst.

**FREE PARKING**

Lot 6, (Exit off Bronson Ave)  
See Map on page 4

**COOPERATIVE EDUCATION**

Sandra Walton  
OCDSB, 133 Greenbank

**GUIDANCE**

John Unsworth  
Rideau High School

**SPECIAL EDUCATION**

Alexandra Bolotenko  
Glebe Collegiate Inst.

Registration form on back page

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**PROGRAM**

**8:00 am – 9:00 am**

Registration, Display kiosks and Networking in Fenn Lounge  
Coffee, juice & muffins

**9:00 am – 10:00 am**

Keynote Speaker: Dr Kent MacDonald  
*The New Learning Paradigm*

**10:10 am – 11:00 am**

Workshop # 1

**11.10 am – 12:00 pm**

Workshop #2

**12:15 pm -1:30 pm**

Buffet lunch

**1:15 pm – 2:35 pm**

Keynote Speaker: Prof. Devon Woods  
*Struggles and Successes: Living with ADHD*

**2:40 pm – 3:15 pm**

Campus Tours (information on Site)

**REGISTRATION:**

**Pre- registration:** \$10 (Late registration - \$15 at the door)  
\$15 Non District 25 OSSTF members

**Lunch:** \$10 Buffet lunch (not available with late registration)

Cheques payable to **OCDSB GUIDANCE SUBJECT COUNCIL**

Send to **Alexandra Bolotenko** at Glebe Collegiate Institute by February 5, 2010

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## *IT'S ALL ABOUT TIME...* *(Descriptors Below)*

### Session One: 10:10 – 11:00

A	<b>Obsessive Compulsive Disorder in the Classroom</b> <i>MaryLou Ellis</i> <i>(Learning Support Consultant, OCDSB)</i>
B	<b>Co-op Supervisors Panel Discussion</b> <i>(Five Panelists)</i>
C	<b>Financial Aid for Post-Secondary</b> <i>Mark Robinson,</i> <i>(Supervisor, Financial Aid, Carleton U)</i>
D	<b>YOGA in the Office</b> <i>Lucille Smeltzer-Legault</i> <i>(Family Services, Ottawa)</i>

### Session Two: 11:10 – 12:00

A	<b>Transition of Identified Students to Post-Secondary Education</b> <i>Boris Vukovic and Laura Brawn</i> <i>(Paul Menton Centre, Carleton U.)</i>
B	<b>Wikis for Student Services</b> <i>Jon Capello, (Co-op, SRB)</i>
C	<b>Storytelling: a Tool for Dying, Grieving, and Healing</b> <i>Ottawa Storyteller</i>
D	<b>Autism Disorder: behavioural challenges</b> <i>Leanne Forrest</i> <i>(Autism Spectrum Disorders Team, OCDSB)</i>

### Double Sessions: 10:10 – 12:00

E	<b>Chemical Dependency: The Family Spiral</b> <i>Liza Boulay</i> <i>(Rideauwood Institute)</i>
F	<b>Emotional Intelligence</b> <i>Walter Pioveson</i> <i>(Superintendent, OCDSB)</i>

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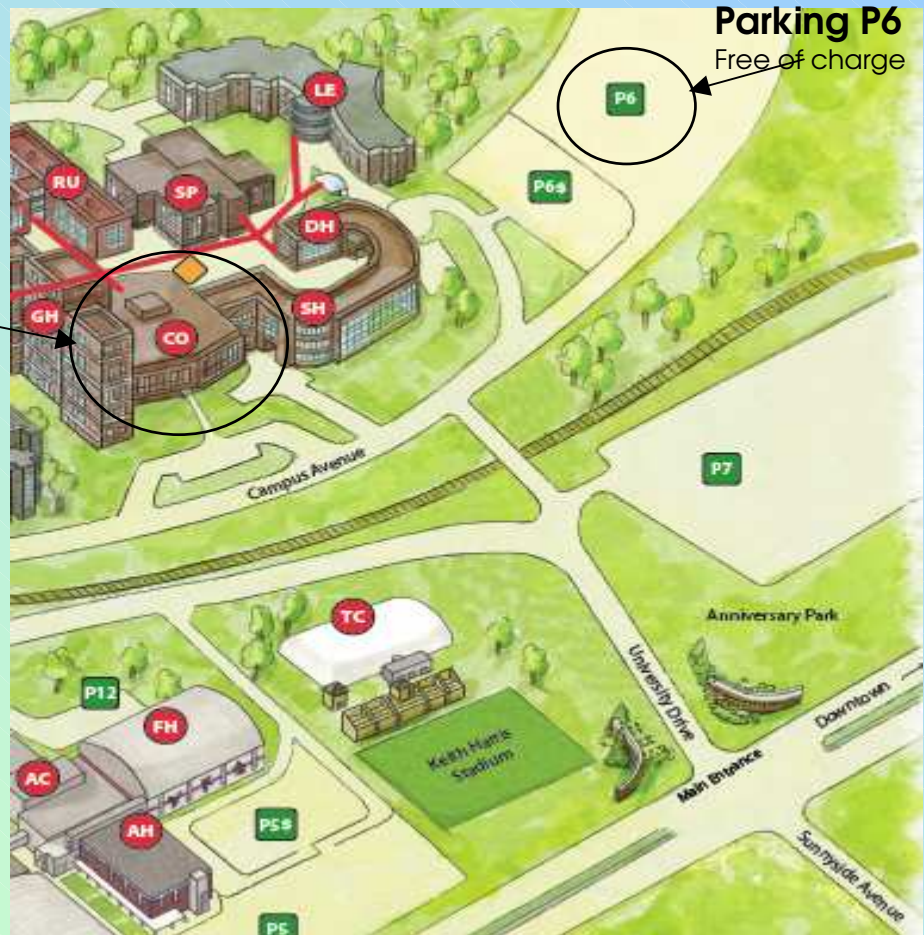
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### *IT'S ALL ABOUT TIME . . .*

**Fenn Lounge**  
227 Residence Commons



For a more detailed map of Carleton University.  
Please visit <http://www2.carleton.ca/campus/>

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**\* Please print and send \*  
REGISTRATION FORM**

**Name** \_\_\_\_\_ **School** \_\_\_\_\_

**Subject Area(s)** \_\_\_\_\_ **Phone with ext.** \_\_\_\_\_

<b>Session 1</b> 10:10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
First Choice						

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
Second Choice					

<b>Session 2</b> 11:10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
First Choice				

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Second Choice			

(Workshops filled on a first-registered, first-filled basis)

**REGISTRATION (check appropriate boxes)**

Pre- registration:  \$10 (Late registration \$15 at the door)  
 \$15 Non District 25 OSSTF members

Lunch:  \$10 Buffet lunch

Send registration and cheque made payable to  
**OCDSB GUIDANCE SUBJECT COUNCIL** and forward to  
**Alexandra Bolotenko** at Glebe Collegiate Institute by **February 5, 2010.**

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**WORKSHOP DESCRIPTIONS**

**Rideauwood: Chemical Dependency: The Family Spiral: Liza Boulay --- (2 hours)**

Rideauwood believes that as a healthy community, we must learn as much as possible about chemical dependency. Knowledge increases our chance of breaking generational cycles of addiction in families.

This workshop will:

- Define addiction in youth.
- Bring insight into the physical and emotional effects of addiction.
- Understand the destructive effects on family members and others.
- Look at effective and ineffective ways of dealing with chemically dependent youth.
- Explore strategies and options for help and healing.

**Emotional Intelligence: Walter Pioveson --- (2 hours)**

"Emotional Intelligence is about being the best that you can be when times are at their worst! This session will look at the components of emotional intelligence and cultural proficiency. This presentation will focus on an inside-out approach to how one deal with their emotions and how one views differences. It will also provide strategies on how to deal with the emotions of others as well as examining how one deals with those that are different from themselves."

**Autism Disorder: Autism, Asperger's, in relation to high school or behaviours**

Leanne Forrest  
Autism Spectrum Disorders Team  
Ottawa Carleton District School Board  
133 Greenbank Rd.  
596-8211 ext:8511  
leanne.forrest@ocdsb.ca

**Co-op Supervisors Panel Discussion: TBA**

This presentation is focused on the experiential learning from the co-op supervisor's perspective. Several enthusiastic supporters of co-operative education from various sectors will be discussing their businesses and employment sectors, and their experiences with co-op. Discussion topics will also include what skills they deem necessary for success in the workplace and what skills they will further develop at their businesses.

**OCD at Secondary Level: MaryLou Ellis**

Helping the student to cope with school, and the school to cope with the student.

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### **Transition of Identified Students to Post-Secondary Education: Boris Vukovic**

Disabilities Coordinators from Carleton University will discuss documentation requirements, registration process, access to different levels of accommodations and support services, as well as funding opportunities for students with disabilities at Carleton. Educators will have an opportunity to present questions and issues for discussion and feedback in order to better inform high school students planning to transition to post-secondary studies.

### **Wikis for Student Services: Jon Capello**

This hands-on, computer lab seminar will explore the application of wikis, specifically geared to teachers working in student services. Teachers new to the use of wikis will have an opportunity to set up a wiki, learn how to post homework, assignments, and handouts and explore the use of a wiki for communication with students and parents.

For teachers already using a wiki, the application of productivity tools such as Calendars and the Smart Pen (Pencasting) application will be examined in the practice of special education and co-operative education. Experienced users will learn about how to add video clips, PowerPoint presentations and photo slide shows to their wiki spaces. Teachers will learn how to promote their wiki as a dynamic communication medium, instructional tool and collaborative learning environment.

### **Storytelling as a tool for Dying, Grieving, and Healing: Ottawa Storytellers**

Stories have the potential to comfort, change perspective, challenge, and see the experience of loss as universal. Members of the Ottawa Storyteller's will lead participants through an introduction to story telling and how this art can be used to assist teachers and student to move through the grieving process.

### **Financial Aid: Mark Robinson, Supervisor, Financial Aid, Carleton U**

Meeting the price of education in 2010: Exploring financial aid options for Ontario students.

### **YOGA at the Office: Lucille Smeltzer-Legault**

This workshop will focus on simple stretching and breathing exercises which can be practiced in offices and classrooms, and can help participants learn to manage stress by providing both grounding and focus. The session will use exercises to be done in chairs or standing. There is no need for special clothing nor do participants need prior experience of yoga.